



# M E N U

*The taste of Valais*





# *The taste of Valais*

Enhance your travels with  
the flavours of the valais  
and take a piece of our  
region wherever you go.

If you're looking for freshness, authenticity and flavours of Valais, then you've come to the right place.

We are delighted to offer you fresh local produce from artisan bakers, butchers and growers. If you cannot find the product of your choice on our menu, please contact us and we will do our best to satisfy you. We pay particular attention to the specific requirements of our customers, so if you have any food allergies or intolerances, please contact us so that we can offer you suitable food.

Some of the dishes on offer are named after the 4,000 m peaks that dominate our region, mountain passes linking Valais valleys with neighbouring cantons, or internationally renowned holiday resorts.

# C O N T E N T

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# Cold dishes

## BREAKFAST TRAYS

### Breithorn



Butter croissant  
Chocolate croissant  
Homemade jam  
Butter  
Bircher Müsli  
Fruit juice

32<sup>00</sup>

### Dent Blanche

Seed croissant  
Bread roll Tzaniere  
Homemade jam  
Small plate of cold meat  
Hard-boiled egg  
Butter  
Fruit juice

39<sup>00</sup>

### Weisshorn



Bircher fruit  
Homemade smoothie  
Chopped fruit  
Wholemeal bread roll  
Yogurt  
Walnuts, hazelnuts, almonds  
Fruit juice

42<sup>00</sup>

### Matterhorn



Rustic croissant  
Bun  
Butter  
Salted caramel butter  
Homemade jam  
Chopped fruit  
Apple juice of Valais

42<sup>00</sup>

MAKE YOUR OWN BREAKFAST WITH ANY OF THE INGREDIENTS LISTED IN THE RETAIL PRICES.





# BOWLS



## Furka

Grilled chicken  
Quinoa  
Mango  
Cherry tomatoes  
Cucumber  
Spring onion  
Carrots  
Onions  
Fried onions & herbs 35<sup>00</sup>

## Nufenen

Smoked salmon  
Shrimps  
Basmati rice  
Avocado  
Edamame  
Cucumber  
Red cabbage  
Onions  
Various seeds 42<sup>00</sup>

## Grimsel

Smoked beef  
Basmati rice  
Mango  
Edamame  
Cucumber  
Red cabbage  
Carrots  
Onions  
Fried onions & herbs 40<sup>00</sup>

## Veggie



Quinoa  
Falafels  
Cucumber  
Spring onion  
Carrots  
Red currants  
Radishes  
Red cabbage  
Onions & herbs 35<sup>00</sup>

MAKE YOUR OWN BOWL WITH ANY OF THE INGREDIENTS LISTED IN THE RETAIL PRICES

# SALADS



MAKE YOUR OWN SALAD WITH ANY OF THE  
INGREDIENTS LISTED IN THE RETAIL PRICES

## Veggie



Grated carrots  
Sweet corn  
Onions  
Tomatoes  
Hard-boiled egg  
Croutons  
Fresh or Italian dressing  
Bread roll, butter 28<sup>00</sup>

## Ceasar

Roasted chicken  
Hard-boiled egg  
Tomatoes  
Croutons  
Parmesan cheese  
Ceasar dressing  
Bread roll, butter 38<sup>00</sup>

## Valais

Hard-boiled egg  
Dried meat of Valais  
Raw ham  
Dried bacon  
Cheese  
Croutons  
Tomatoes  
Fresh or Italian dressing  
Bread roll, butter 38<sup>00</sup>

## Ocean

Smoked salmon  
Shrimps  
Tomatoes  
Onions  
capers  
Croutons  
Sweet corn  
Fresh or Italian dressing  
Bread roll, butter 40<sup>00</sup>

# PASTA SALADS



## Pasta Mediterranean



Penne  
Peppers  
Cucumbers  
Olives  
Tomatoes  
Mozzarella  
Onions  
Parsley

23<sup>00</sup>

## Pasta Italian



Penne  
Grated carrots  
Sweet corn  
Mushrooms  
Pesto  
Parmesan

23<sup>00</sup>

MAKE YOUR OWN PASTA SALAD WITH ANY OF THE INGREDIENTS LISTED IN THE RETAIL PRICES

# MIXED TRAYS

## Dent d'Hérens

Cheese  
Dried meat of Valais  
Raw ham  
Dried bacon  
Rye bread  
Bread roll, butter

42<sup>00</sup>

## Pointe Dufour

4 sorts of mini canapés  
4 sorts of salted petits fours  
Range of fresh fruits  
Mini Valais platter

55<sup>00</sup>

## Zinalrothorn



4 varieties of cheese  
Soup of the day  
Mixed salad  
Bread roll, butter

44<sup>00</sup>

**MAKE YOUR OWN TRAY WITH ANY OF THE  
INGREDIENTS LISTED IN THE RETAIL PRICES**





# SANDWICHES

## Baguette bread

Your choice of	
Ham	8 <sup>00</sup>
Raw ham	10 <sup>00</sup>
Salami	8 <sup>00</sup>
Pastrami	10 <sup>00</sup>
Cheese	8 <sup>00</sup>
Goat cheese	10 <sup>00</sup>
Tuna	10 <sup>00</sup>
Chicken curry	10 <sup>00</sup>
Dried meat of Valais	10 <sup>00</sup>
Salmon	10 <sup>00</sup>
Tomato mozzarella	10 <sup>00</sup>
Chorizo	10 <sup>00</sup>

## Triangle

Your choice of	
Ham	5 <sup>00</sup>
Raw ham	6 <sup>00</sup>
Salami	5 <sup>00</sup>
Pastrami	6 <sup>00</sup>
Cheese	5 <sup>00</sup>
Goat cheese	6 <sup>00</sup>
Tuna	6 <sup>00</sup>
Chicken curry	5 <sup>00</sup>
Dried meat of Valais	6 <sup>00</sup>
Salmon	6 <sup>00</sup>
Tomato mozzarella	6 <sup>00</sup>
Chorizo	5 <sup>00</sup>

## Mini sandwiches

Your choice of	
Ham	6 <sup>00</sup>
Raw ham	7 <sup>00</sup>
Salami	6 <sup>00</sup>
Pastrami	7 <sup>00</sup>
Cheese	6 <sup>00</sup>
Goat cheese	7 <sup>00</sup>
Tuna	7 <sup>00</sup>
Chicken curry	6 <sup>00</sup>
Dried meat of Valais	7 <sup>00</sup>
Salmon	7 <sup>00</sup>
Tomato mozzarella	7 <sup>00</sup>
Chorizo	6 <sup>00</sup>

## Canapé

Your choice of	
Ham	7 <sup>00</sup>
Raw ham	8 <sup>00</sup>
Salami	7 <sup>00</sup>
Pastrami	8 <sup>00</sup>
Cheese	7 <sup>00</sup>
Goat cheese	8 <sup>00</sup>
Tuna	8 <sup>00</sup>
Chicken curry	7 <sup>00</sup>
Dried meat of Valais	8 <sup>00</sup>
Salmon	8 <sup>00</sup>
Tomato mozzarella	8 <sup>00</sup>
Chorizo	7 <sup>00</sup>

## Delice bread

Your choice of	
Ham	7 <sup>00</sup>
Raw ham	10 <sup>00</sup>
Salami	7 <sup>00</sup>
Pastrami	9 <sup>00</sup>
Cheese	7 <sup>00</sup>
Goat cheese	9 <sup>00</sup>
Tuna	9 <sup>00</sup>
Chicken curry	9 <sup>00</sup>
Dried meat of Valais	10 <sup>00</sup>
Salmon	10 <sup>00</sup>
Tomato mozzarella	9 <sup>00</sup>
Chorizo	7 <sup>00</sup>
Butter	7 <sup>00</sup>



## RETAIL PRICES

### Bread & snacks

Bun	3 <sup>00</sup>
Bread roll	3 <sup>00</sup>
Délice bread	4 <sup>00</sup>
Rye bread	4 <sup>00</sup>
Butter croissant	3 <sup>00</sup>
Rustic croissant	3 <sup>00</sup>
Seed croissant	3 <sup>00</sup>
White toast	2 <sup>00</sup>
Brown toast	2 <sup>00</sup>
Salted puff pastry	4 <sup>00</sup>
Pastries/cake	4 <sup>00</sup>



### Fruits

Bircher müsli	8 <sup>00</sup>
Fruit salad	13 <sup>00</sup>
Portion of cut fruit	13 <sup>00</sup>
Fruit basket	on demand

### Salads & sauce

Green salad	11 <sup>00</sup>
Mixed salad	13 <sup>00</sup>
Carrots salad	13 <sup>00</sup>
Tomato salad	13 <sup>00</sup>
Quinoa salad	19 <sup>00</sup>
Cucumber salad	12 <sup>00</sup>
Tomato mozzarella	19 <sup>00</sup>
Fresh dressing	2 <sup>00</sup>
Italian dressing	2 <sup>00</sup>

# RETAIL PRICES

## Raw meat & fish

Dried meat of Valais (100 g)	19 <sup>00</sup>
Raw ham (100 g)	15 <sup>00</sup>
Salami (100 g)	13 <sup>00</sup>
Pastrami (100 g)	15 <sup>00</sup>
Salmon (100 g)	15 <sup>00</sup>



## Cheese & butter

Mozzarella (150 g)	15 <sup>00</sup>
Variety of cheese (150 g)	19 <sup>00</sup>
Grated parmesan (50 g)	4 <sup>00</sup>
Grated cheese (50 g)	4 <sup>00</sup>
Portion of butter	4 <sup>00</sup>









## Eggs

Hard-boiled	5 <sup>00</sup>
Plain omelette	12 <sup>00</sup>
Cheese omelette	14 <sup>00</sup>
Mushrooms omelette	14 <sup>00</sup>
Ham omelette	14 <sup>00</sup>

# Starters & hot meals

à la carte

## STARTERS

 Cream of tomato soup	12 <sup>00</sup>
 Soup of the day	12 <sup>00</sup>
 Mushroom vol au vent	17 <sup>00</sup>
 Mixed salad	13 <sup>00</sup>
 Tomato mozzarella	19 <sup>00</sup>
Spiced beef carpaccio	29 <sup>00</sup>
 Cheese plate	23 <sup>00</sup>
Beef tartare (200 g) + toasts	53 <sup>00</sup>
Beef tartare (100 g) + toasts	31 <sup>00</sup>
Smoked salmon tartare (200 g) + toasts	53 <sup>00</sup>
Smoked salmon tartare (100 g) + toasts	31 <sup>00</sup>

## HOT DISHES

### Meat

Beef filet	38 <sup>00</sup>
Pepper sauce	8 <sup>00</sup>
Morel sauce	18 <sup>00</sup>
Homemade herb butter sauce	8 <sup>00</sup>
Chicken curry + vegetables, Thai style	33 <sup>00</sup>
Beef cheek with Valais beer	29 <sup>00</sup>
Beef stroganoff stir-fry	26 <sup>00</sup>
Sliced veal Zurich-style	43 <sup>00</sup>

### Fish

Salmon lasagna	36 <sup>00</sup>
Shrimps with red curry	26 <sup>00</sup>
Fillet of Loëts (Valais) perch + tartar sauce	45 <sup>00</sup>



## Wood-fired pizza

🍷 Marguerita	23 <sup>00</sup>
Ham	26 <sup>00</sup>
🍷 Mushrooms	26 <sup>00</sup>
Granoisienne (ham, mushrooms, onions, mountain cheese)	27 <sup>00</sup>

## Pasta

Tagliatelle	13 <sup>00</sup>
Penne	13 <sup>00</sup>
Bolognese sauce	12 <sup>00</sup>
🍷 Pesto sauce	11 <sup>00</sup>
🍷 Morel sauce	18 <sup>00</sup>
🍷 Tomato sauce	8 <sup>00</sup>
Beef lasagna	32 <sup>00</sup>

## Sides

🍷 Basmati rice	8 <sup>00</sup>
🍷 Tagliatelle	8 <sup>00</sup>
🍷 Penne	8 <sup>00</sup>
Hash brown	8 <sup>00</sup>
🍷 Mashed potatoes	8 <sup>00</sup>
🍷 Potato gratin	11 <sup>00</sup>
🍷 Fresh market vegetable	7 <sup>00</sup>
🍷 Chips	5 <sup>00</sup>

## Fruit juices

Fresh orange juice (1 l)	32 <sup>00</sup>
Apple juice of Valais (1 l)	16 <sup>00</sup>



## Desserts

Lemon Tartlet	12 <sup>00</sup>
Lemon Meringue Tartlet	13 <sup>00</sup>
Tiramisu	12 <sup>00</sup>
Fruit tartlet	12 <sup>00</sup>
Black forest	12 <sup>00</sup>
Choux Paris-Brest	12 <sup>00</sup>



# FURTHER INFORMATION

## TERMS AND CONDITIONS OF SALE

Any order implies the customer's full acceptance of the general terms and conditions of sale.

Each catering order is considered confirmed when we acknowledge receipt of your order by phone, WhatsApp or e-mail.

## OPENING HOURS

We are open every day of the year from 7am to 10pm.

## CATERING ORDERS

Orders should be sent to [contact@30west-catering.ch](mailto:contact@30west-catering.ch) and include the billing address.

For any urgent matters, please call: +41 79 717 30 30.

As a general rule, all orders must be received no later than 12 hours before delivery. In the event of a shorter delivery time, we will do our utmost to satisfy you, and the total cost of the order will be increased by 10%.

## CANCELLATION POLICY

Order cancellations must be confirmed by e-mail. Orders cancelled less than 12 hours before the delivery time will be charged.

Special orders that require products to be sent by express courier and therefore longer delivery times will be invoiced if they have already been received or are in the process of being sent.

## TERMS AND METHODS OF PAYMENT

Unless a prior arrangement has been made, the invoice will be paid on delivery or on invoice in the event of late cancellation.

Invoices can be paid in cash (CHF, EUR, USD, GBP) by credit card or electronic transfer.

A credit card fee of 2.5% will be applied to the amount of the invoice.

## PRICES

Our prices do not include VAT, the amount of which is not currently required.

## FORCE MAJEURE

30WEST-Catering cannot be held responsible for extraordinary events, beyond its control, that prevent it from delivering. In the event of a dispute, Swiss law shall apply.



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